

# Antioch Missionary Baptist Church



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Reverend John F. Johnson, Pastor

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The “Youth Awareness Conference” is hosted by historic Antioch Missionary Baptist Church. Our goal is to develop the youth in the community by concentrating our efforts on the family as we embrace their spiritual, physical, and emotional well-being. We further want to equip the young people and their parents with the tools they need to navigate the challenges they face in today’s society, avail resources to families, and educate each participant via challenging sessions that will evoke positive change in lives.

As we consider the toll mental health issues have taken on our society, we have pledged to focus the conference on solutions aim to promote awareness and educate our community through a fun, informative, and innovating conference.

Therefore, Mental Health America of Greater Houston has partnered with us to focus on solutions, prevention, and treatment. As the area’s oldest mental health advocacy and education organization, MHA actively works to replace misperceptions and misunderstanding about mental illness with compassion and proper treatment; link people to mental health services; provide education and training for key sectors of the community; remove barriers to mental health care by facilitating change in systems and advocate for legislative solutions that address the vast unmet need for public mental health services.

We look forward to your attendance of the “Youth Awareness Workshop Conference” to be held Saturday, June 9, 2018, from 8:00 a.m. to 1:00 p.m. at Antioch Missionary Baptist Church, 500 Clay, Houston, Texas. This is a free public event:

**FREE – FOOD – RESOURCES – EDUCATION – ENTERTAINMENT**

We appreciate your support and look forward to hearing a positive response. If you have questions and/or concerns, please contact me at 713-652-0738 (church); 832-248-4116 (cell); [youthconference@ambchouston.org](mailto:youthconference@ambchouston.org) and/or fax at 713-652-9506.

Sincerely,  
Liz Coleman  
Youth Awareness Workshop Conference TEAM Coordinator

*Serving God and His People Through Excellence*



# CONFERENCE

**Saturday, June 9, 2018**

**8:00am to 1:00pm**

**FREE PUBLIC EVENT**

**FOOD • RESOURCES • EDUCATION • ENTERTAINMENT**

## Sessions for the entire family:

Children (7 and under)

Adolescent (8 to 12)

Teens (13 to 18)

Young Adults/College Students (18 to 26)

Adults

**Free Public Event - Free Parking -**

**Free Training Hours - Free Breakfast & Lunch**

**Conference:** 8:00am – 1:00pm

**Registration:** 7:00am – 8:00am

**Pre-registration now until 06/05**

[youthconference@ambchouston.org](mailto:youthconference@ambchouston.org)

**For More Info Call: 832.248.4116**

▪ FREE Training Hours Available on Site ▪

▪ FREE Parking ▪

Antioch Missionary Baptist Church  
500 Clay Street ▪ Houston, TX 77002  
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# 2018 Youth Awareness Conference Topics:

HEALTHY EATING = HEALTHY LIVING

DEALING WITH EMOTIONS AND FEELINGS

SUICIDE PREVENTION

STAY EDUCATED

SAFETY FIRST ON SOCIAL MEDIA

HEALTHY RELATIONSHIPS

REAL MEN REAL TALK

REAL WOMEN REAL TALK

HUMAN TRAFFICKING

HIV FOR REAL (REALIZE ■ EDUCATE ■ AND LIVE)

MONEY LESSONS

MINDFULNESS

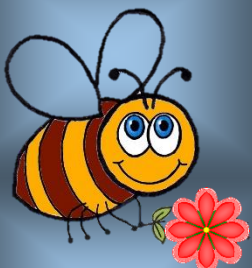
MAKING RIGHT CHOICES

WELLBEING: PHYSICAL ■ MENTAL ■ SPIRITUAL

MENTAL HEALTH & THE FAMILY

MEDICATION MANAGEMENT

TRAUMA: ADVERSE CHILDHOOD EXPERIENCES



**Be Happy - Be Healthy - Be Healed**

**Preparing & Repairing Families**

