ARMS WIDE
PRESERVING & FULFILLING FAMILIES

Home Study Subcontractor Training Links

1. ***Trauma Informed Care Training (Required Annually):*** DFPS - Trauma Informed Care Training (texas.gov)

This training is a free resource for child welfare system caregivers, professionals, advocates, stakeholders and members of the public who are interested in learning about the impact of trauma.

Training objectives:

- Learn about trauma, secondary trauma, and healing from trauma
- Understand how trauma impacts the brain, child development, and life functioning.
- Learn how toxic stress and Adverse Childhood Experiences (ACEs) impact health and outcomes.
- Discuss trauma and disproportionality.
- Understand how trauma affects children, adults, caregivers, and child welfare professionals.
- Learn ways to prevent and address secondary traumatic stress.
- Discuss practical strategies for applying trauma-informed knowledge and care.
- Understand the importance of relationships.
- Please note this curriculum is a basic introduction to the topics presented. Continuing education is highly encouraged.
- In order to receive credit for the training, you must:
- Complete the whole training.
- Make at least a 70% on the post-test.

2. ***(CAREGIVERS) Preventing & Recognizing Sexual Abuse and Victimization of Youth in Foster Care (Required Annually)-***

Please note that to take the *(CAREGIVERS) Preventing & Recognizing Sexual Abuse and Victimization of Youth in Foster Care* training, you must be registered within the Arms Wide provider page in the DFPS Provider Portal. If you do not already have access to the portal, please contact Amanda Leal at aleal@armswide.org to be added to the portal. You will need to take *(CAREGIVERS) Preventing & Recognizing Sexual Abuse and Victimization of Youth in Foster Care* on the Caregiver Training Hub *External Link* **no later than 30 days from your Provider Portal registration.**

3. ***Mandatory Reporting: A Community Response Guide for Reporting and Supporting Youth and Families (Required Annually)-***

This course provides professional reporters with information on mandatory reporting law. Professional reporters will obtain general knowledge regarding who and how to report, while developing a basic understanding of abuse and neglect. You will need to take *Mandatory Reporting: A Community Response Guide for Reporting and Supporting Youth and Families* on the DFPS Learning Hub

4. ***National Adoption Competency Mental Health Training (Required Once): NTI- Child Welfare Professionals (CWP)*** - *C.A.S.E. Institute (myabsorb.com)*

- Choose "Professional Workforce Signup"
- Create an account
- Key Name = Professional
- Choose the NTI-Child Welfare Professionals (CWP) Course

The National Adoption Competency Mental Health Training (NTI) is designed to enhance the capacity of Child Welfare and Mental Health Professionals to understand and more effectively address the complex mental health needs of children who experience foster care, adoption, or kinship care. This training focuses on the knowledge, values and skills needed to assess children's complex needs and develop effective case plans and treatment plans, make appropriate referrals, adequately prepare children and parents for permanency, and provide supports to ensure family stability and well-being. Throughout this training, we will address issues of loss, grief, attachment, trauma and more. Sometimes these issues touch on experiences that professionals may have had in their own lives. If the content triggers you, please take time to practice self-care: take a break and seek out consultation to support you in this challenging work. For continuing education purposes, each module has a pretest and posttest. A score of 80% or higher in each post-test is required to pass the course. You will have the opportunity to retake the post-test as many times as needed to pass.

5. ***Cultural Diversity Training: NTI- Child Welfare Professionals (CWP)*** - *C.A.S.E. Institute (myabsorb.com)*

- Choose "Professional Workforce Signup"
- Create an account
- Key Name = Professional
- Choose the NTI-Child Welfare Professionals (CWP) Course

Please note that this training requirement is also recognized within the National Adoption Competency Mental Health Training mentioned above. Being that this is an annual requirement, other pre-approved training may be accepted in substitution once the initial certification is on file.

6. ***Trust Based Relational Intervention (TBRI)- Module 1: The Impact of Trauma on Development & Module 2: The Attachment Cycle***

   TBRI is the identified Treatment Model of Arms Wide- and a curriculum all foster, adoptive and kinship caregivers are trained to utilize. TBRI Module 1 gives a foundational understanding of what TBRI is, how to understand brain growth and development in children who have experience trauma as well as risk and protective factors. TBRI Module 2 addresses attachment patterns, mindful awareness and support towards developing secure attachment patterns.
   This training is offered in-house at Arms Wide- email Amanda Leal at aleal@armswide.org to be registered and added to the invitation. You will receive an Outlook Calendar invitation with a Zoom link to participate. The training is led by a live instructor, and certificates will be provided directly to Arms Wide.